Maine West @ Deerfield Deerfield High School 9/15/2020

Varsity Team Results:

Deerfield 20
 Maine West 39

Varsity – 3 miles me

Ρl	Name	Time
1	Josh Puyear (Sr)	15:19.8
3	Cole Bernstein (Jr)	15:43.4
4	Ryan Bernstein (Jr)	15:54.2
5	Lucas Moskovitz (Jr)	16:03.9
7	Charlie Hart (Sr)	16:08.4
9	Jonah Kaplan (Sr)	16:26.4
10	Eric Lakemaker (Jr)	16:38.1
11	Evan Morris (Jr)	16:39.9
12	Zack Greco (Sr)	16:42.6
13	Brandon Barber (So)	16:43.8
14	David Fisher (Jr)	16:57.5
15	Ben Zamler (Sr)	16:58.2
16	AJ Osborn (Sr)	17:18.0
18	Dylan Cohen (Fr)	17:36.3
19	Asher Kriegel (Sr)	17:42.5
20	Joe Healy (Sr)	17:51.6
21	TJ Mangurten (So)	18:05.3
22	Ethan Friedman (Sr)	18:21.5
23	Ben Spiegel (Sr)	18:25.3
24	Brent Meilman (Sr)	18:27.1
25	Jack Gordon (Jr)	18:28.1
27	Ethan Blacher (Jr)	18:32.9
29	Jeremy Rosenblum (Sr)	19:40.8

Junior Varsity Team Results:

Deerfield 15
 Maine West 50

Junior Varsity – 3 miles					
Ρl	Name	Time			
1	Sam Voigt (Sr)	18:24.1			
2	Carter Levinson (Jr)	18:26.9			
3	Carson Amstutz (Jr)	18:47.4			
4	Logan Lofland (Sr)	19:45.9			
5	Ian Van Every (Jr)	19:57.0			
6	Jack Pinsky (So)	20:01.6			
7	Noam Dor (Jr)	20:30.1			
8	Noah Fishman (Jr)	20:46.0			
9	Max Dunn (Sr)	20:46.4			
10	Spencer Farber (Jr)	20:56.4			
11	Brian Reich (Sr)	21:00.5			
12	Zach Luke (Sr)	21:03.5			
13	Jordan Plocker (So)	21:05.4			
15	Robert Getty (Jr)	21:17.2			
19	Nick Krishnan (Jr)	23:12.4			
20	Drew Shore (Sr)	24:45.5			

Frosh/Soph Team Results:

 1.
 Deerfield
 15

 2.
 Maine West
 49

Frosh/Soph – 2 miles						
Pl	Name	Time				
1	Lucas Goldenberg (So)	11:23.7				
2	Dane Brown (Fr)	11:40.7				
3	Jon Wool (Fr)	11:51.4				
4	Dawid Turos (Fr)	11:57.1				
5	Drew Spiegel (So)	12:10.8				
6	Ryan Jones (Fr)	12:12.5				
8	Kyle Jensen (So)	12:53.3				
9	Ethan Schott (So)	12:54.3				
10	Nathan Wolski (Fr)	12:55.4				
11	Jeremy Lamm (So)	12:59.4				
12	Adam Fenster (So)	13:02.4				
13	Avi Wolkenberg (So)	13:08.0				
14	Edwin Shi (Fr)	13:12.4				
15	Max Luke (Fr)	13:14.3				
16	Aiden Cheris (Fr)	13:27.0				
17	Andrew Firestone (Fr)	13:29.2				
18	Nadav Basa (So)	13:36.0				
19	Asher Siegel (Fr)	13:41.5				

Deerfield Tops Strong Maine West Team, Moves To 3-0 In CSL North



Both Deerfield and Maine West came into this meet 2-0, but one team had to leave with a loss. As defending conference champions, Deerfield was the heavy favorite.

The Varsity race started with Deerfield jumping out to a big lead. Senior Josh Puyear and junior Cole Bernstein gapped the field with junior Ryan Bernstein third and the rest of Deerfield's pack behind him with Maine West's top runner Jesus Vallejo. It looked like a very cushy win for Deerfield. Puyear kept his lead and won in 15:19. However, Vallejo moved up from the Deerfield pack to Ryan, and then Cole who had fallen back from Puyear. Ultimately, Vallejo outkicked Cole for second place. At the same

time, Maine West's next two runners Adam Gorcyca and Joey Langridge started well behind Deerfield's pack but moved up just as much as Vallejo did and passed several Deerfield runners each. Each Deerfield runner felt like they lost to more Maine West runners than they expected. Despite the excellent racing by Maine West's top three runners, Deerfield still had the numbers up front finishing 1, 3, 4, 5, and 7. And because Maine West's four and five runners were pretty far back, Deerfield still took the victory 20-39. But the story of the day was how Deerfield was a little rattled by the unexpected strength of Maine West's top three runners.

Showcasing their usual strong depth, Deerfield put 13 runners in front of Maine West's fourth, and 21 runners in front of Maine West's fifth. There were some big personal bests in that group. Senior **Charlie Hart** ran 16:08 for 7th place, junior **Evan Morris** ran 16:39 for 11th place, senior **Zack Greco** ran 16:42 for 12th place, sophomore **Brandon Barber** ran 16:43 for 13th place, and junior **David Fisher** ran 16:57 for 14th place. For Morris, Greco, and Fisher, this was their first time under 17 minutes. There are now 16 runners on the team who have broken 17 minutes this year, which is the most in at least five years when such records started to be kept.



Deerfield dominated both of the other races. In the JV race, a lead pack

of senior **Sam Voigt**, and juniors **Carter Levinson** and **Carson Amstutz** gapped the field from start to finish. They put on a clinic of team cross country running and pushed each other to new heights. Voigt led the group through the first two miles, and Levinson took over from there, but Voigt held on and eventually passed Levinson at the very end. But there's no way the three of them would have run as fast without their teammates. Deerfield had the first 13 finishers in the JV race and won with a perfect score of 15-50.

In the frosh/soph race, Lucas Goldenberg won yet again in 11:23. Despite sacrificing a few top runners to the Varsity race, Deerfield had the first six finishers to win 15-49. Stepping up big time were freshmen **Dane Brown** and **Dawid Turos**, who both broke the 11-minute barrier for the first time.

Up next for the Warriors is a next Tuesday on the road against Maine East for some more CSL North action.

22	Grant Borucki (Fr)	13:52.0	30	Seth Fish (Fr)	15:52.0
23	Max Drumke (Fr)	13:54.5	31	John Healy (Fr)	15:59.3
24	Ian Trusky (Fr)	14:07.6	33	Brendan Engel (Fr)	16:11.1
25	David Sanders (Fr)	14:08.2	35	Ben Segall (Fr)	16:23.4
29	Zach Bolon (Fr)	14:52.2	36	Matt Solovy (Fr)	17:24.7